



X-Pro's Legendary Youth Skills Enhancement Basketball Camp

You readyyyyyy.....
The Legends of Basketball are coming

8:30- 8:45 AM: **(Check in Session 1) Welcome!**

9 AM: Stretching and Group participation drills.

10 AM: Individual rotating stations (TBD)

11 AM: How to improve your individual game(s) **NBA level.**

12-Noon – 12:45 PM: Lecture and Questions and Answers Session

(*12:45 -1 PM: Session 1 Ends) Parent's please be there to pick up your child around 1 PM!!!**

ALSO: 12 PM: Check in for session #2 (To be able to hear the Lecture, Q & A listed above) WELCOME!

1 PM: Stretching and Group participation drills.

2 PM: Individual rotating stations (TBD)

3 PM How to improve your individual game(s) **NBA level.**

3:45 PM Parent's please be there to pick up your child!!!

4 PM: *End of camp for the day*

NOTE: (All parents/guardians are encouraged to stick around during the camp sessions if they want to support their child!)